



PAUL DENEUI MINISTRIES

"Strengthening The Saved & Saving The Lost"

November 2018

Dear Friends,

This morning we had a few situations that gave us the ability to use our faith openly; to demonstrate our faith. We were looking at some of the promises of God which state we can lay hands on the sick and they shall recover. As I was ministering, I noticed a resident in tears. She was experiencing painful cramps around an area on her legs where she had had surgery. We laid hands on her and prayed God's healing power to flow. Then a nurse came and took her away. Within the hour she was back. The nurse said, "She hates to miss your services." It was a wonderful demonstration of God's love to us. We continue to teach His love and His miracle working power.



Tuesday, November 27, 2018

Pryor/Vinita

As I entered the nursing care facility this morning I was immediately met by a resident who, in just the past few days, tried to commit suicide. Loneliness can set in, especially this time of the year. I started some music for everyone to listen to, but then we didn't start singing right away because it was time for the two of us to have a talk. It is very important to know we are loved. It's not just the love of God, but it's the love of God through a person. He works through people. We all need to know that someone cares! After a few minutes we started the service. The joy of the Lord was present, and we all know it's the joy of the Lord that is our strength.



I want to share something very powerful the Lord is doing through this ministry. In the last few months the Lord has put a powerful focus on this ministry. It is called,

"Heart Fit: spirit, soul, and body"

Heart Fit is intended to help us run our race for the Lord with: focus, endurance, and strength. Heart fit is a strategic way to train the spirit, soul, and body. Heart Fit gives me a renewed focus for ministry in the nursing homes and on the trail.

Let me digress a little bit and tell you how this all began.

Back in October of 2016 I had said, “I want to be in the best shape of my life the year I turn 65.” I was turning 65 in the following year (2017).

After having ministered for the Lord since 1974 and full-time in nursing homes for the past 7 years I said to the Lord, “Lord, I’ll go wherever you want me to go and I’ll do whatever you want me to do.” I meant it more than ever before. He simply responded to my statement with a question, “Can you?” I knew He was being kind. There were some issues I needed to address.

(I was overweight and had not exercised for years. I thought, “How can I run my race for the Lord effectively without taking care of my body?” I was inspired by my mother who was approaching 100 years old and very fit.)

Back in the 70's and 80's I had been a part of the Des Moines bike club in Des Moines, Iowa, and had ridden in RAGBRAI (a bike ride across Iowa that takes a week to accomplish). I loved it! So I thought biking might be the way to go for exercise. By the end of 2017, I rode a 65-mile ride in the year I was 65. Then in August of 2018, I rode a 100-mile ride. As of this writing I have ridden over 4,200 miles for the year 2018.

For the last several months of 2018, I have sensed the Lord wanting me to be more intentional with my faith on my bike. To use the phrase “**Heart Fit**” in a way that will lead people to the Lord. Take the same mandate of "Strengthening The Saved & Saving The Lost" in the nursing homes and include it on the trail (bikers, runners, joggers, walkers, the homeless, etc.). To establish the ministry of **Heart Fit: spirit, soul, and body**.

Just as you can become heart fit in your body, you can also become heart fit in your spirit; with the intended purpose of running your race for God. The more fit you are in every part of your being, the more able you are to run your race effectively for the Lord. (I’m sure you’ll be hearing more about this.)

I want to thank you for your prayers. Today, on my way home from the nursing homes, I heard these words – calm confidence. That’s how I’m feeling about the ministry. I have never been busier, but I have a calm confidence in what the Lord is doing. I believe part of that is a result of your prayers and financial giving. Thank You!

The nursing home ministry is still the foundation of what we do!

